

Center for  
 Comprehensive basis services  
Burj-el-Brajneh

(An Integrated Program of Social Care and  
 Field Training for Health, Social Welfare personnel  
Social studies and researchs)

### Introduction

It is with a view to consolidating team work and integrated medico-social care programs that community-centered project are being promoted in Lebanon. Within the "Community Center" it is foreseen to pool knowledge and skill, coordinate efforts with available local resources, as well as earlist the Support of a local community for involvement and participation towards realistic development objectives and tasks.

As part of its endeavours in the area of Social Development, the Office of Social Development(OSD) has given due consideration to the area of training assisted by international specialized agencies, UNICEF, UNDP, ECWA as well to integrate social programs through community development units in rural areas and peri-urban areas.

Various training programs were developed leading to the establishment of the Center for Training.

In order to consolidate the progress of Communitys social care programs as well as to up-grade the level of practical and field training the OSD established the Community Center in Bourj-el-Brajneh. The Center is considered as a demonstration and service project pooling previous experience and new knowledge as well as provide scientific guidelines for enhancing an integrated approach to community care in the areas of health, education and social care programs. It is viewed that the whole community will be enlisted and wupported. More over basic services are provided in order to arrive at the needed change and development.

Bourj-el-Brajneh area:

Bourj-el-Brajneh is situated in the southern suburb of Beirut. It is a Periurban slum area facing a transitional settlement since 10 years. The area was and still the recipient of many displaced people from South LEBANON; the area of Baalbeck and the eastern suburb of Beirut. During the two years of war, this urbanisation process has increased tremendously.

Accordingly to the Municipality ( the local authority) the population has increased from 100000 in 1972 to 150.000 in 1977. This sharp increase of population raised many social-economical and health problems such as a low housingstandard, poor hygienic condition, unemployment, bad sanitation, infectious diseases, low level of education and others...

The Community Center project

1- Auspices

The Community Center of Bourj-el-Brajneh is considered as a comprehensive service program , and a field training setting for health, welfare personnel social studies and research. It is administratively geared by an executive committee representing office of Social Development . UNICEF is providing technical assistance( Personnel-equipment).

2- Objectives

The general guidelines for operation are viewed to include the following objectives:

- a) To promote and provide comprehensive services to the Community, including day care, supplementary educational and pre-vocational programs, family care, comprehensive health services, and community social action programs.

- b) To provide an adequate setting for field training and practice for health, welfare personnel student in apply social studies and research.
- c) To strenghter community reSSources for better socio-economic development througðut the whole community through the support of local authority, local specialists, pressure groups leaders and local organisations.
- d) To develop practical and scientific guidelines for the development and operation projects with an integrated approach to community care and services.

### 3- Structure

The structure includes:

- a) A central Office for administration and coordination section
- b) An educational Section
- c) Community and Organized groggams Section
- d) Comprehensive health care Section.

### 4- Services

The plan for Services is geared to assess the local needs of the Community, to provide basic services and to strenghter available local reSSources( Enclosed a chart of services accordingly to each section). The following is a summary of the objectives and areas of work for each of the service Section outlined in the Structurd.

#### A) ADMINISTRATION AND COORDINATION

Activities of the Section:

1. General administrative procedure and tasks
2. Purchasing and maintenances
3. Coordination among the parties involved in administering the projects.
4. Coordination among the different Sections of the Center.
5. Planning-Supervision and evaluation.
6. Public relation at local and national level.

B) EDUCATIONAL SECTION

1. Day Care Programme for pre-School children between 4-6 years of age.
2. Assess the family need with a wholistic approach, work with the family as a unit and particularly with mothers to help promote better child rearing and care.
3. Provide direct and indirect help to the family with due consideration to its involvement in the process.
4. Promote family service as a form of assistance adequately suited to meeting the needs of children and the family.
5. Promote the Level of education in the community throughout the elementary schools.
6. Provide consultation and training to Local teachers ( Elementary Level).
7. Training activities at local, national and international level ( mainly the Arab Countries ).

Out of School Service

- 1- Operate supplementary educational and pre-vocational orientation programs for out-of-school children between 7-15 years of age.
- 2- Operate group therapeutic programs for socially maladjusted children.

C) Community and organized group programmes Section

OBJECTIVES:

- Provide a comprehensive plan for the objective assessment of needs and problems of the Community.
- Consider priorities in undertaking the fulfillment of Community development projects.
- Enlist the support of local groups.

PROGRAMME

- 1- Provide basic organized group programs including :
  - Socialization program for women and girls
  - Adult education ( Litteracy programs for men and women)
  - Public orientation and education
  - work with local industries , club etc...
- 2- Investigate and determine leadership and pressure groups in order to enhance cooperation and coordination with them and among them.
- 3- Assist in organizing local committees to help for the assesement of the community needs.
- 4- Carry out a field study on community ressources including : health, education and social care programs.
- 5- Training activities at local national and international level ( mainly the Arab Countries).

D) COMPREHENSIVE HEALTH CARE SECTION

Objectives

1. Provide basic preventive and curative medical services with a view to the needs of the community.
2. Promote public awareness around environmental health
3. Consolidate local health services.

PROGRAMME

- 1- Operate a clinic geared to provide maternal and child health services , delivery programs family planning , general medical care
- 2- Programing for a preventive care including :
  - Innumization
  - Nutrition guidance and health education for the mothers.
  - School health and health educations for the teachers and students.
  - Environmental Sanitation .

- 3- Provide Consultation and help to local health resources for improvement of services.
- 4- Training activities at local national and international level ( mainly for the Arab Countries).

جمهورية لبنان  
 وزارة الصحة العامة  
 مركز دراسات القطاع الصحي

Republic of Lebanon  
 Office of the Minister of State for Administrative Reform  
 Center for Public Sector Projects and Studies  
 (C.P.S.P.S.)

Chart of Services

Educational Section

Pre-School Child

- Day care service for children 3-5 years of age: educational program-feeding-health care
- Programs for mothers
- Case-work services to families ( economic stability, family planning , family relation ship )
- Referral to school
- Training for child care workers.

Out of school child

- Day care services for out of age : educational prog
- Case work service
- Leisure time activities pr
- Workshops : carpentry - w

ADMINISTRATION AND COORDINATION SECTION

- General administrative procedure and tasks
- Purchasing and maintenance
- Coordination ( Internal and external )
- Planning Supervisor and evaluation
- Public relation ( local - national - International )

COMPREHENSIVE Health Care Section

- Maternal and Child health programs ( pre natal - Natal - post natal )
- Preventive services: immunization- health education- environmental sanitation.
- Case work services: medical - check up
- School health programs campaign - health education, training for teachers- Referral to the health UNIT
- Consultation and Community organization activities with local agencies.
- Training activities for health and welfare personnel

COMMUNITY Organized group

- Group Programs: Socializat
- Literacy Programs for workers-Publi student at se
- Leadership programs
- Organize Local Committees
- Field study
- Case work Service
- Training activities for so